

## ALUN WYN JONES

**D.O.B:**  
19.09.1985

**HEIGHT:**  
21.96M

**WEIGHT:**  
118kg

**CLUB:**  
Ospreys (Captain)

**NATION:**  
Wales

**POSITION:**  
Lock

**EXPERIENCE:**  
Q&A

- **58 Wales Caps**
- **2005 – present: The Ospreys**
- **2009: British & Irish Lions squad (3 Test Caps)**
- **2009: Captained the Welsh side against Italy in the 6 Nations**
- **2008: Six Nations Grand Slam Winners Medal**
- **2006: Wales Debut**

*Gaining 58 caps at the tender age of 26 is not a common achievement, excellence and consistency are both vital attributes that can both be found in Alun Wyn Jones. As the captain of the Ospreys and a key figure in the Welsh Squad, Alun Wyn is wise beyond his years. In combination with his rugby accolades, Alun Wyn has also recently graduated with a law degree.*

*His drive and passion for his club and country are unquestionable and these show every time he plays rugby. After such an outstanding performance in the 2011 World Cup and the ability to successfully lead his club team, we still have much more to see of Alun Wyn Jones throughout the 2012 season!*

